

## PARTICIPATING CLUBS:

### THE ARENA CLUB

[www.thearenaclub.com](http://www.thearenaclub.com)

**Corporate Contact:**

**Angie Lane 410-734-7300**

2304 Churchville Road  
Bel Air MD, 21015

### COLUMBIA ASSOCIATION

[www.columbiaassociation.com](http://www.columbiaassociation.com)

**Corporate Contact:**

**Crystal Champal 410-381-9454**

### The Columbia Athletic Club

5435 Beaverkill Road  
Columbia, MD 21044

### The Columbia Gym

6151 Daylong Lane  
Columbia, MD 21029

### The Supreme Sports Club

7080 Deepage Drive  
Columbia, MD 21045

### Hobbit's Glen Golf Club

11130 Willowbottom Drive  
Columbia, MD 21044

### Fairway Hills Golf Club

5100 Columbia Road  
Columbia, MD 21044

### LIFEBRIDGE HEALTH & FITNESS

[www.lifebridgehealthandfitness.com](http://www.lifebridgehealthandfitness.com)

**Corporate Contact:**

**Shelley Stein**

**410-484-6800 x104**

[sstein@lifebridgehealthandfitness.com](mailto:sstein@lifebridgehealthandfitness.com)

1836 Greene Tree Road  
Baltimore, MD 21208

### THE MARYLAND ATHLETIC CLUB & WELLNESS CENTER

[www.macwellness.com](http://www.macwellness.com)

**Corporate Contact:**

**Dawn Harman 410-308-9023**

110 West Timonium Road  
Lutherville Timonium, MD 21093

### MERRITT ATHLETIC CLUBS

[www.merrittclubs.com](http://www.merrittclubs.com)

**Corporate Contact:**

**Bob Book 410-453-4390**

### Annapolis

1981 Moreland Parkway  
Annapolis, MD 21401  
410-263-5400

### Canton

3401 Boston Street  
Baltimore, MD 21224  
410-563-0225

### Cranbrook

598 Cranbrook Road  
Cockeysville, MD 21030  
410-683-1800

### Downtown Baltimore

210 E. Centre Street  
Baltimore, MD 21202  
410-332-0906

### Eldersburg

1388 Progress Way  
Eldersburg, MD 21784  
410-549-8855

### Fort Ave/Southside

921 East Avenue  
Baltimore, MD 21230  
410-576-2004

### Owings Mills

9710 Groffs Mill Drive  
Owings Mills, MD 21117  
410-581-4800

### Security

2076 Lord Baltimore Drive  
Baltimore, MD 21244  
410-298-8700

### Towson

8757 Mylander Lane  
Towson, MD 21286  
410-821-0160

## Corporate Fitness Program



# Join one, use them all!

Members of participating ESN clubs get the privilege of attending other clubs within the network up to three times each month, but the benefits don't stop there...



[www.esnclubs.com](http://www.esnclubs.com)



Healthy employees work better and provide gains for your company. Once your company invests in a fitness or wellness program, it will immediately start paying for itself.

## What are the benefits of a Corporate Fitness Program?

- Increased** productivity
- Increased** energy
- Increased** morale
- Increased** employee satisfaction
- Reduced** absenteeism
- Reduced** healthcare costs
- Reduced** work-related stress
- Reduced** risk of illness and health risk
- Decreased** turnover
- Decreased** medical claims

How can you not afford a Corporate Fitness Program?



## Why ESN's Corporate Fitness Program?

ESN's Corporate Fitness program allows your employees to choose from a network of Maryland's most Elite health clubs. Our network provides you the greatest coverage across the entire state. If you have multiple locations in the state, we have a health club to meet the needs of your employees at each location.

### ESN Corporate Membership Discount Program

All participating ESN clubs will offer a common discount to area employers and their employees, extending the reach of all participating clubs to the current and future corporate clients of all participating ESN clubs.

	SILVER NO SUBSIDY	GOLD WITH SUBSIDY
<b>Employees Required</b>	25 +	5 +
<b>Enrollment fee</b>	\$0	\$0
<b>Employer Subsidy</b>	—	\$10/month
<b>Matching ESN Club Subsidy</b>	—	\$10/month
<b>Employee SAVINGS</b>	*	\$20/month

\*Some restrictions apply. Check individual club for rules that apply. Use of home club is unlimited, use of affiliated ESN clubs is limited to three times per month.

[www.esnclubs.com](http://www.esnclubs.com)